

SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE

50th Anniversary

SOUVENIR TRIBUTE BOOK





SAHM's **GOLDEN GALA!** 1968-2018

Honoring the **PAST**, Celebrating the **PRESENT**, Invigorating the **FUTURE**

Networking/Cocktail Reception

Silent Auction

Mistress of Ceremonies

Linda Pendleton, PhD

Opening Remarks & Invocation

Michelé J. Gains, MD, FSAHM, Chairwoman

Dinner Service

Welcome

Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM

"Honoring the Past"

Contest: Identify SAHM Leaders

Video Montage

"Celebrating the Present"

VIP Recognition and Special Awards

"Invigorating the Future"

Special Musical Selection

Youth Composer, Garfield High School Jazz Combo

A Future World

Deborah Christie, PhD, FSAHM, President-Elect 2018-2019

Video

Youth Artist

Champagne Toast to SAHM

Closing Remarks, Recognition, Announcement of Silent Auction Winners

Dancing

MENU

Salad

Pecan & Gorgonzola

Entrée

Moroccan Grilled Free Range Chicken Breast

Wasabi Crusted King Salmon

Eggplant Parmesan

PRESIDENTS MESSAGE



I am humbled and grateful to serve as your president during the 50th anniversary of SAHM. I am also grateful for every leader and every member who paved the way and whose work sustains this great organization. SAHM exists because of you! I value what each professional contributes to our overall mission, and celebrate all the activities of our members – clinical practice, teaching, research, and advocacy—because collectively this enables SAHM to have the best chance of truly transforming the lives of adolescents and young adults.

We began this year with the theme of Cultivating Connectedness: The Importance of Relationships in Adolescent and Young Adult Health. We understood that adolescents and young adults need connectedness to other individuals, community and society to discover, develop and define their social, cultural and moral identities. Fifty years after our organization was founded, connectedness is now also strongly influenced by social media. Through vivid real-time technology, and digital and social media, our adolescents and young adults are increasingly shaped by our local, national and global connectedness.

Thus, while not neglecting our local and national communities, it is also important that we are concerned about what is happening globally. We are all part of the global family.

Although part of the global family, we come from different backgrounds and understanding our history has shaped our view of the world. You may consider the world today, 50 years after SAHM began, in a state of flux, rife with discrimination, heartbreak, tumult and challenges. Some of the issues we experienced this year that were discussed in my messages to the membership were the following:

A travel ban that excluded citizens from Iraq, Syria, Iran, Libya, Somalia, Sudan and Yemen for 90 days. The executive order also indefinitely halted refugees from Syria until it was overturned by the courts. This impacted some SAHM members' participation in the annual meeting either because they were concerned about travel to the U.S. or chose not to come in protest of the ban.

An Attack in Charlottesville where Neo-Nazi's and white supremacists paraded through a major university town and on campus, where students returned the following week, with Tiki torches spewing racial slurs and hatred. The engagement of Nazi's extended the reign of terror, remembrance and fear to individuals beyond the US.

The Barcelona Terrorist Attacks were Spain's worst terrorist attack in more than a decade. A van driver plowed into dozens of people enjoying a sunny afternoon on one of Barcelona's most famous thoroughfares, killing at least 13 people and leaving 80 bloodied on the pavement.

Worldwide Natural Disasters-Hurricane Harvey dumped an estimated 27 trillion gallons of water on Texas and Louisiana on the anniversary of Hurricane Katrina. Many in the Caribbean, including Puerto Rico, continue to suffer deaths and devastation from Hurricanes Irma and Maria. One of the most powerful earthquakes in a century hit Mexico and also impacted Guatemala, fires raged in California, and the worst monsoons in decades caused massive flooding in Bangladesh and parts of Nepal and India, affecting at least 41 million people.

Deferred Action for Childhood Arrivals (DACA) established in 2012 allowed about 800,000 people who came to the US as children to stay and work in the country under two-year renewable permits. These children, now young adults, have served in our military, graduated from colleges, paid taxes, and invested their lives in our communities. The expiring deadline of DACA in March 2018 exacerbates the fear, anxiety and discrimination that impacts the health and well-being of this vulnerable population.

Mass Shootings - The Las Vegas Attack was the deadliest mass shooting in modern US history. A gunman opened fire on a crowd of concertgoers at the Harvest music festival, leaving 58 people dead and 851 injured. On Valentine's Day we were horrified to have another school shooting at a Florida high school.

CDC Word Ban reported to include diversity, fetus, transgender, vulnerable, evidence-based, science-based and entitlement. The reported banned words are an attack on our core values and mission and are a significant threat to the adolescents and young adults we serve. While there has been a denial of these words being banned, the fact that this dialogue emerged and the specific words banned caused us alarm.

Inappropriate Words to Describe Countries in Africa and Latin America, and questioning of the protection of Haitians was strongly condemned by SAHM.

Fifty years ago, in 1968 when SAHM was founded, the Tet Offensive began in Vietnam, Martin Luther King Jr. was shot dead, tornadoes killed dozens in the Midwest and earthquakes rocked Sicily and the Philippines. This past year presented many parallel events. But that same year in 1968, we saw dozens of countries sign the Nuclear Proliferation Treaty, the Civil Rights Act of 1968 became law and Paris had a cultural revolution. It's easy to dwell on the negative aspects of life, but that's not what has kept SAHM thriving for five decades. It is not what will keep us thriving for the next 50 years. During a time when many of our communities have been divided, these events have demonstrated that we can come together. Individuals, including adolescents and young adults, from different races, nationalities, religions, sexual orientations, and immigrant statuses are coming together to care and assist one another. We must always remember our history so as not to repeat it or become complacent. We must also have faith and fortitude to see the promise of a brighter future.

Due to the extraordinary efforts of our leadership, staff and membership we were able to accomplish many new things this year including: having a **program committee of 130 members**, the establishment of the **Natalia Tanner dinner** (formerly known as the Minority Practitioner's dinner), the establishment of **new awards** and the awarding of the **inaugural Lawrence S. Neinstein Award in Young Adult Health** to Alain Joffe, development of an **anti-harassment policy**, our **first racism position statement**, the **availability of Maintenance of Certification II credits at the annual meeting**, **annual meeting description published in multiple languages**, **presidential address published in Portuguese in the journal Adolescencia Saude**, formation of a **Global Health Special Interest Group**, partnership with the **1st Global Teen Health Week** and **inclusion of equity in our vision** statement. Additionally, for the first time in history, leaders from the Society for Adolescent Health and Medicine, American Academy of Pediatrics, Academic Pediatric Association and the American Pediatric Society, including me as your SAHM president, **coauthored a commentary and had it simultaneously published in the Journal of Adolescent Health, Pediatrics and Academic Pediatrics**. The commentary entitled, "The Road to Tolerance and Understanding," describes the importance of tolerance and understanding in the wake of a turbulent election and worrisome actions taken by the administration that jeopardize the health and well-being of children and adolescents. Lastly, we **raised the most money from any annual campaign** in our history!

I concluded my 2017 presidential address by asking us to do four things: cultivate, advocate, strategize and inspire. Our engaged membership, partnerships and listserv have **cultivated** a warm, supportive, infinitely knowledgeable wellspring of information and professional connectivity.

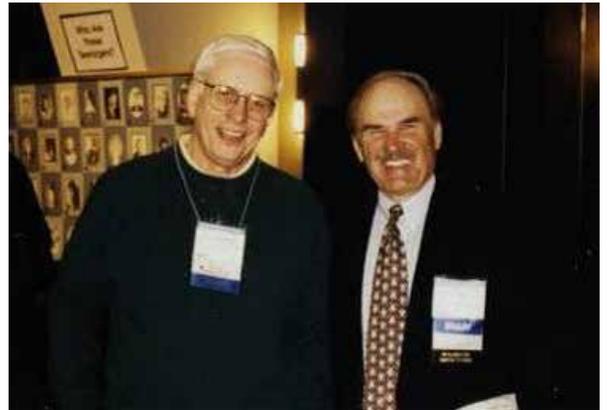
The SAHM Board of Directors has spent the year **strategizing** for the future so that we will thrive in our next 50 years. We have listened to you, our members, and shifted to a stronger focus on advocacy. **Advocating** for all adolescents. Advocating for their wellbeing. Advocating for their future. And advocating for our members.

And lastly, it is I who have been **inspired**. I have been inspired by our adolescents and young adults and every one of you who continues to speak out when you see injustice, stand up for what you believe, protect and serve our adolescents and young adults and continue to make a difference in someone's life on a daily basis. I am inspired because in the midst of storms citizens are able to rise above differences, and express the humanity that makes us human. I want to say thank you to every SAHM member, meeting attendee and friend for their inspiring support this past year. SAHM is truly a remarkable organization because of its members. Our founding members would be proud of what SAHM is today.

With warm regards, gratefulness, peace and solidarity,

Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM





Congratulations SAHM on reaching half a century.

**Alongside remarkable US domestic achievements,
you have also led the way in bringing adolescent
health and medicine to the wider world.**

Linkages with a past generation of SAHM leaders were instrumental in establishing the field of adolescent health and medicine in Australia.

Locally, Bob Blum created the vision of Melbourne's Centre for Adolescent Health in the late 1980's. Michael Resnick and Lyn Bearinger then nurtured our development over the course of a decade of annual visits, which we are now engaged in doing.

SAHM is part of an important network of relationships that resulted in our Centre leading two adolescent health series in the Lancet, the Lancet Commission on Adolescent Health and Wellbeing and the Lancet Standing Commission. Without SAHM it is hard to see that adolescent health would have reached the prominence it has gained within international health policy today.

Generosity has always been a trademark of SAHM as an organisation. In a world where too many nations are turning inwards, we applaud the organisation for continuing to offer a home to adolescent health professionals from around the world.

**Centre for Adolescent Health
Melbourne, Australia**

Golden Anniversary Congratulations



**From the
International
Chapter of
SAHM**

Congratulations to SAHM from its International Chapter

for 50 hardworking years of service to adolescents, young adults and their families. As the network for SAHM members living beyond the US, the International Chapter has been a two-way channel, sharing policy and practice guidance from the US with other countries and helping SAHM to learn from the expertise of its international colleagues.

Chapter members report that they gain inspiration and motivation from their attendance at the meeting, which has become the annual destination for global opinion formers. The International Dinner is the 'must-attend' event each year, where all SAHM members are welcome and where they can relax and enjoy good food and great music with old and new friends.

When countries, societies and professionals feel stressed, they can increasingly turn inwards. Yet the universal aspects of adolescence - with common concerns of discrimination, conflict, migration and climate change - remind us of the opportunities for more globally-oriented solutions. SAHM and its International Chapter provide a context for this, offering hope, fellowship and celebration of diversity.

We look forward to the next 50 years.

Honoring the PAST

SAM/SAHM – A Brief History

Richard R. Brookman MD, Michelé Gains MD, Donald E. Greydanus MD

Observing that adolescents needed “a doctor of their own”, Dr. J Roswell Gallagher started The Adolescent Clinic at Boston Children’s Hospital in 1951. Several like-minded physicians communicated with and visited with Dr Gallagher, then started their own adolescent clinics in several major cities.

Dr. Felix P. Heald organized annual seminars in Adolescent Medicine starting in 1965 that were sponsored by the District of Columbia Children’s Hospital. Funds were provided by Dr. Arthur Lesser of the Children’s Bureau who also funded the first adolescent health care training program under the direction of Dr. Heald. In addition, funding contributed to the development of the *Adolescent Medicine Newsletter* in 1965 under the direction of Dr. Dale C. Garell of Los Angeles Children’s Hospital; this newsletter was the forerunner of the *Journal of Adolescent Health Care*.

In this Newsletter Dr. Garell raised the idea of developing a national organization—the Adolescent Medicine Society. This announcement was placed: **Special Announcement: Establishment of the Society of Adolescent Medicine:** *In a short while you will be receiving, under separate cover, a copy of the proposed constitution to establish the Society for Adolescent Medicine. It has been prepared by the Ad Hoc Committee appointed last year at the March seminar held in Washington, DC. The committee would appreciate receiving comments and criticisms regarding the proposed constitution. A special business meeting will be held in conjunction with the Adolescent Medicine Seminar on March 6 and 8, 1968, in Washington, D.C. At the time, it is expected that formulation of our Society will be achieved. (Dale C. Garell M.D., Chairman; Sherrel L. Hammar M.D.; Joseph L. Rauh M.D., Andrew Rigg M.D.)*

This 1967 Task force prepared the first constitution that was approved on April 28, 1968 to establish the **Society for Adolescent Medicine**. Those in attendance for this approval were representatives from adolescent medicine clinics across the United States and Canada. The first officers were appointed: Dr. Gallagher as President, Dr. Heald as Vice President, Dr. Rigg as Treasurer and Dr. Garell as Executive Secretary.

The Society’s first business meeting was held in Washington, DC on March 2, 1969; also in 1969, the Society (SAM) was incorporated in the State of California with management by Dr. Garell and the newsletter continuing as SAM’s official publication. As SAM’s president Dr. Heald arranged for a meeting of SAM with the American Academy of Pediatrics (AAP) on October 16, 1970 at the Children’s Hospital of San Francisco; by 1971 the AAP provided space at its annual meeting for SAM and this association continued for many years.

In 1972, SAM held its first fall scientific and business meeting along with the American Academy of Pediatrics (AAP) meeting in New York City; during its 1972 annual meeting, SAM approved its first position paper - adolescent reproductive health.

SAM held its first program for research in Chicago on October 20, 1973 with the direction of Dr. Michael Cohen from New York City (Montefiore Medical Center). Dr. Cohen was also influential in having the American Pediatric Society (APS) and the Society of Pediatric Research (SPR) develop a research session on adolescence; it’s first meeting with APS/SPR was in the spring of 1976 which was also the first spring continuing medical education (CME) meeting.

Also in 1976, Dr. Garell hired Edie Moore as SAM’s first employee and part of her home became the business office for the next 9 years. The Gallagher lectures were established in 1977 with Dr. Adele D. Hofmann (New York University/Bellevue Hospital) as SAM’s president; these lectures were to highlight the biological, psychological, and social aspects of adolescence. In 1977 the American Medical Association Board of Trustees confirmed that adolescent medicine met its established criteria for AMA specialty designation.

In 1978, SAM was approved to offer CME credits for meetings. For governance, the Vice President became the President-elect, the Treasurer and Executive Secretary positions were combined, and new positions were added for Director of Programs and Director of Publications.

The Adolescent Medicine Newsletter was discontinued in 1979 and explorations were made into having a journal. Negotiations with Elsevier in this regard were successful, and the *Journal of Adolescent Health Care's* first issue was published in October, 1980 with Dr. H. Verdain Barnes as the first editor. In 1982, the designation FSAM (Fellow of the Society for Adolescent Medicine), was offered to members who demonstrated a significant level of commitment to the care of adolescents.

The annual fall meeting was moved to the spring to form a single, more robust scientific and business meeting. In 1986, the business office moved from the Edie Moore residence to an actual office in Granada Hills, CA and the staff expanded to two persons. In 1990, the business office moved to Missouri along with Edie Moore. In response to membership requests, a newsletter was reinstated to share information not appropriate for the journal.

The 1980s saw the establishment of major SAM awards - the Outstanding Achievement in Adolescent Medicine Award (1981), the Hilary Millar Award for Innovative Approaches to Adolescent Health Care (1986), the Wyeth-Ayerst Visiting Professor in Adolescent Medicine (1987), the Adele D. Hofmann Visiting Professor in Adolescent Health and Medicine, and the New Investigator Research Award (1989). These were joined in 1997 by the SAM/Organon Adolescent Research Visiting Professor Award, now named for Iris F. Litt.

With the advent of the 1994 Adolescent Medicine Board examination under the direction of Dr. Charles E. Irwin, Jr., SAM joined with the AAP to offer an Adolescent Medicine Prep course in 1994 with the guidance of SAM President, Dr. Richard R. Brookman; this course was repeated several times. SAM went on-line in 1996 with a home page and USTSERV.

In 2005, SAM held its first double-slate election. Major events in 2009 included the retirement of Edie Moore as Executive Director, the transition to the Sherwood Group, an association management company, move of the business office to the Chicago suburbs, and a change in the organization's name to the **Society for Adolescent Health and Medicine**.

The Society's first five decades have witnessed a number of significant increases in various achievements:

1. The professional and cultural diversity of the membership;
2. The number of regional chapters and special interest groups;
3. The number and leadership participation of international members;
4. The number of platform and poster presentations;
5. Attendance at the annual meeting;
6. The prestige of the *Journal of Adolescent Health*;
7. SAHM's influence as advocate for adolescents and adolescent health care.

To paraphrase Bob Hope— thanks for the memories!

Remember to always support, guide, and listen to the students and fellows as they are the future of our organization and fields of adolescent medicine and adolescent health.

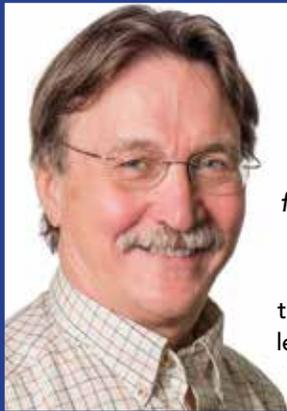
With love to you all,
Edie Moore
(January 1976 through
September 2009)



Congratulations to SAHM on its 50th anniversary.

Thank you for being my academic home and a place where I have made some great friends. Always felt at home and welcomed by this organization.

Pierre-Paul Tellier MD, CCFP, FCFP, FSHAM



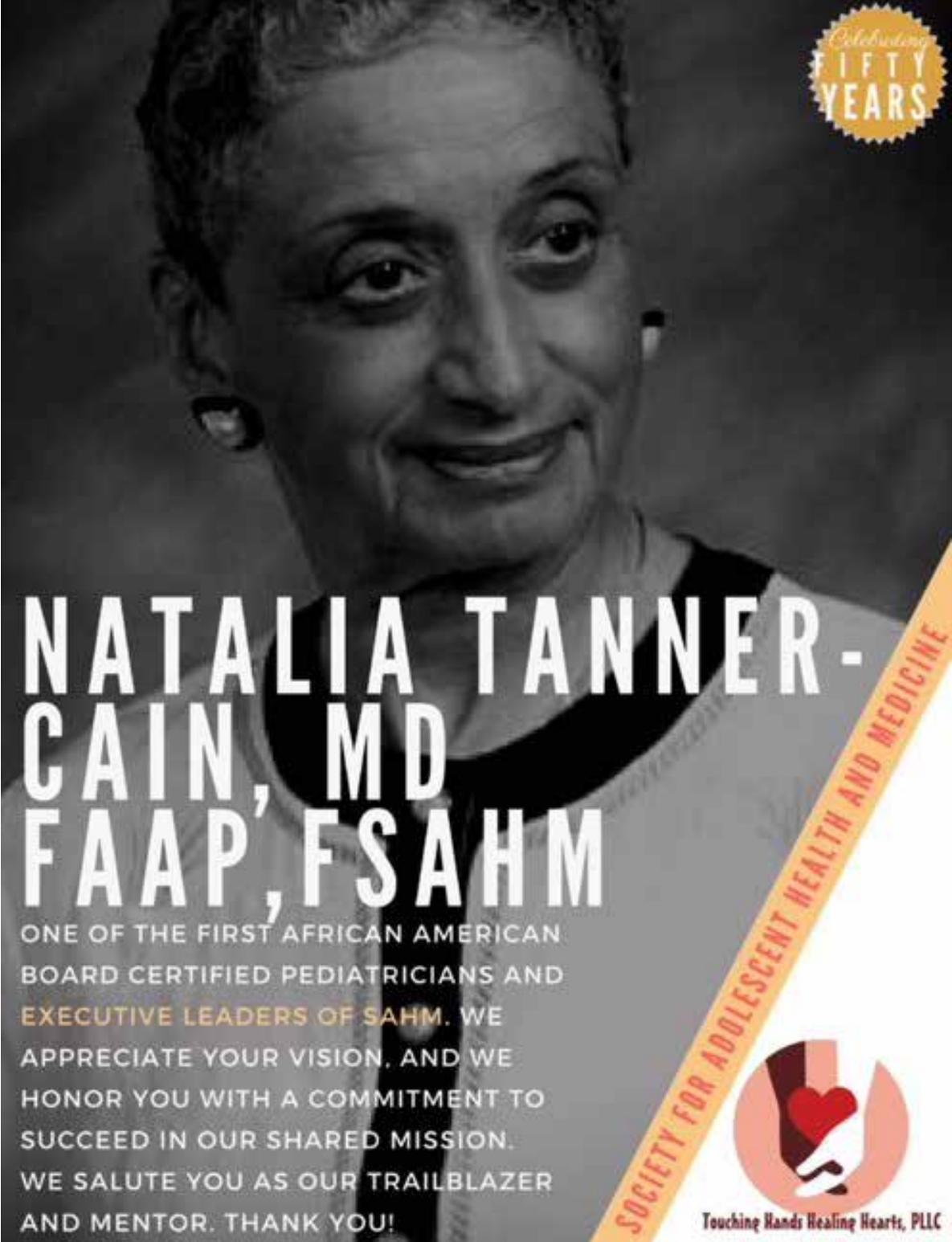
The Division of Adolescent Health and Medicine at BC Children's Hospital and the University of British Columbia would like to thank

CURREN WARF, MD, MSED, FSAHM

for his inspired leadership during his time in Vancouver, British Columbia.

His vision for Adolescent Medicine in BC is one of courage, integrity, and dedication to social justice and health equity for young people, especially those most vulnerable and marginalized from society. Curren has left a lasting legacy to improve the health of young people in British Columbia, and with all of us whose lives and careers he has touched.





NATALIA TANNER- CAIN, MD FAAP, FSAHM

ONE OF THE FIRST AFRICAN AMERICAN BOARD CERTIFIED PEDIATRICIANS AND EXECUTIVE LEADERS OF SAHM. WE APPRECIATE YOUR VISION, AND WE HONOR YOU WITH A COMMITMENT TO SUCCEED IN OUR SHARED MISSION. WE SALUTE YOU AS OUR TRAILBLAZER AND MENTOR. THANK YOU!



Touching Hands Healing Hearts, PLLC

Honoring the PAST

Brief History of the *Journal of Adolescent Health*, 1980-2018

Iris F. Litt, MD; Charles E. Irwin, Jr., MD

The *Journal of Adolescent Health* was founded in 1980 by the Society for Adolescent Medicine as the *Journal of Adolescent Health Care*. In his inaugural editorial, Editor-in-Chief Dr. H. Verdain Barnes described the Journal's role: The *Journal's* challenge to our developing specialty is threefold: First, to give persistent and prospective consideration to the potential impact of our work on the understanding of adolescence, adolescents, and adolescent health care. Second, to carefully design our efforts for critical evaluation and analysis to assess their effectiveness and importance. Third, to effectively prepare and present our results for peer review and publication. Barnes' first call for papers generated 40 manuscripts with one third accepted.

In the following sections of this overview of the *Journal of Adolescent Health*, Drs. Litt and Irwin highlight JAH's growth and the accomplishments under their respective tenures.

Iris F Litt, M.D. (1990-2004)

During the tenure of Dr. Litt, the Journal experienced a change in "identity" as well as a major "growth spurt". The former was manifested in its name change in 1991- from the "*Journal of Adolescent Health Care*" to its current name: "***Journal of Adolescent Health***" to better reflect the multidisciplinary nature of its content and readership.

Its growth consisted of an increase in pages, as well as going from bimonthly to monthly publication and a 10%/year increase in manuscripts submitted. A more subtle but important change of that period was in the nature of the articles published from descriptive to more research-based. Monthly editorials focusing on (and, in some cases influencing) changes in the field, policy issues, technology provided a new dimension

The most significant achievement was in stature as its Impact Factor increased from **0.34 in 1990 to 1.47 in 2005**. Special Interest Supplements were added as appropriate. Perhaps its most significant contribution to the field of peer reviewed medical journals was its adaptation of a double-blind peer review process, a practice of only 5% of journals at the time. This was a statement that the Journal had "leveled the playing field" so that manuscripts were reviewed on their merit alone without the reviewer knowing the identity (i.e., name, gender or institution) of the author (s).

JAH became one of the early adaptors of new technology in academic publishing when it created *JAH ONLINE* in 1998, as well as its transition to an electronic submission and review process in 2004.

JAH played a role in the sub-board certification process of Adolescent Medicine—it gave credibility to the field as unique and warranted being considered as a subspecialty.

While a journal's editor typically receives credit for such achievements, the credit truly belongs to its Managing Editor Ann McGrath-Briggs; Associate Editor Richard Brookman; Assistant Editors, the late Norman Schlossberger followed by Cynthia Kapphahn and to the support of Elsevier, especially Glen Campbell.

Honoring the PAST

Charles E. Irwin, Jr., M.D. (2004-present)

During the tenure of Dr. Irwin, the field of adolescent health and by extension, SAM was attracting a broader, more multidisciplinary group of practitioners and researchers with a larger international constituency. Improved research methodologies and capabilities along with the accessibility of the internet necessitated changes in *JAH* operations. The scientific community was demanding rapid access to new findings.

JAH went electronic on July 1, 2004. Paper and pencil reviews were eliminated, and *JAH* transitioned to an electronic manuscript management system. With this system in place, the number of submissions increased from 350 (2003) to 1600 (2017). Our acceptance rate has dropped from 35% in 2004 to 15% in 2016. We also launched a Fast Track System for those manuscripts that are “cutting edge” and have immediate relevance for clinical practice or public policy. Manuscripts are accepted in less than two months. In an effort to further broaden the reach of *JAH*, we developed an editorial policy that links all of our editorials to published scientific content in *JAH*, and currently we have 2-3 editorials per issue. To add to the submitted content of *JAH*, we have published 31 topical supplements, most of them funded through non-profit or government organizations and half focusing on global health issues. All of *JAH* is available on a newly developed interactive website built off the original *JAH* online.

Five Associate Editors became the “kitchen cabinet” in 2004 to lead *JAH*: Clinical Health Science (Don Orr, M.D.), International Health (Pierre André Michaud, M.D.), Youth Development (Rico Catalano, Ph.D.), Behavioral/Psychosocial Sciences (Lindsay Chase-Lansdale, Ph.D.) and Public Policy/Public Health (Freya Sonenstein, Ph.D.). In 2014, three associate editors retired and were replaced with Carol Ford, M.D., Caroline Halpern, Ph.D., and David Ross, BMBCCh, Ph.D. The cabinet reached beyond the SAM membership to bring a broader perspective to *JAH* and emphasize the “health” component of Adolescent Medicine. Currently our Interdisciplinary Editorial Board of 55 reflects the global nature of the field. In addition, we have a reviewer bank of 12,500 professionals representing the breadth of content in the journal.

We expanded our purview to include young adulthood and implemented a new byline in 2010: ***Journal of Adolescent Health: Improving the Lives of Adolescents and Young Adults***. Currently, 25% of our published manuscripts focus on young adulthood.

We have seen a consistent upward trend with our impact factor moving from **1.57 to 3.974 in 2016. *JAH* now ranks as the 5th of 122 Pediatric Journals**. In addition, we have very high citations in Public Health – ranked 22nd of 176 journals and Developmental Psychology—ranked 7th of 70 journals. These rankings confirm that *JAH* has established itself as an interdisciplinary journal. We are currently regarded globally as the leading academic journal focused on Adolescent and Young Adult Health and Medicine, and with this recognition we are viewed by health and medicine professionals, social scientists and policy makers as the source for new developments in adolescent health and medicine.

JAH has benefited from consistent support through an outstanding Managing Editor, Mr. Tor Berg, and Editorial Analyst, Dr. Teresa Dal Santo. In addition, the leadership at Elsevier by Mr. Glen Campbell, Ms. Pamela Poppolardo, Ms. Andrea Boccelli and Mr. Luke Verillo has provided superb guidance.

Congratulations to SAHM!

50 years supporting advocacy,
research, leadership & more!!

Boston Children's Hospital Division of AYA Medicine

Congratulations on
50 years of leadership

in elevating the importance of
adolescent health issues!

**Harriette Fox and Peggy McManus,
The National Alliance to Advance Adolescent Health**

Berkeley



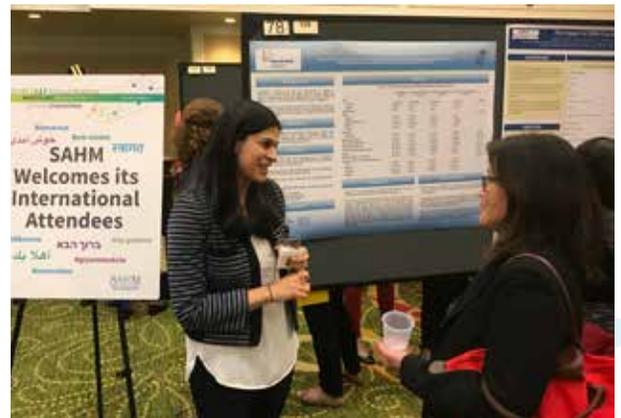
**Innovations
for Youth**

**i4Y congratulates SAHM on 50 years of commitment
and advocacy for the health and wellbeing of
adolescents and young adults globally.**

i4y.berkeley.edu

[@i4yberkeley](https://twitter.com/i4yberkeley)





On the occasion of SAHM'S 50TH anniversary,

I salute the founding generation — my mentors among them — and the colleagues old and young who have carried forward this remarkable organization's mission to advocate for and serve the welfare of youth in this country and across the world. Being associated with the Society and its exceptional people has been more than a privilege. It has inspired and enhanced my professional and personal life, providing an extra dimension of purpose and meaning. I'm sure this is true for so many of us who have been a part of SAHM. May the Society address the challenges of the future with ever-renewed vigor and continuing success.

Sincerely,

Dr. Martin Fisher, Past President (1998-99)

Celebrating SAHM and Dr. Pamela Murray



*Thanks, Pam, for many years of support, guidance, and friendship!
With gratitude and love, Gina Sacato and Cindy Holland-Hall*

Ready
for **Life**[™]

Congratulations on Your 50th Anniversary!



Working together to help advance
adolescent health.



Vaccines

Protecting lives with innovative vaccines to fight serious diseases worldwide

PP-TRU-USA-1802



Indeed part of the kudos of knowing Jon is also knowing all of the brilliant and passionate people that are drawn to his brilliance and passion. So many of those folks have become my mentors and colleagues and friends.

Errol Fields

How can I begin to thank you, Jonathan? For 25 years you have had my back, laughed and cried with me, seen the way forward for me when my eyes were blindfolded, stood by me always even 3000 miles away, and become my dear friend.

Coco Auerswald

A mentor is someone who believes in your potential so relentlessly that you are obliged to live up to those expectations.

Jon has given me the confidence to be innovative in my research and to be a great teacher and collaborator. I am exceedingly proud to be one of Jonathan's mentees.

Pam Matson

Jon encouraged and invested in me as a scientist, while respecting my roles as a parent and daughter. Because of the supportive environment he helped create for faculty at Hopkins, I have been successful on both fronts.

Maria Trent

Warmest thanks, Jonathan Ellen, for 25 years of generous, fearless and visionary mentorship for a generation of SAHM scholars and countless others.

Coco Auerswald

Pam Matson

Renata Sanders

Tonya Chaffee

Arik Marcel

Diane Straub

Errol Fields

Mary Ott

Maria Trent

Celebrating the PRESENT

SAHM today, more than ever, advocates for youth all over the world, may they be, abused child brides or soldiers, bullied sexual and gender minority youth, Black and Hispanic adolescents, abandoned street kids sleeping under bridges or the teenager next door.



Happy SAHM 50th Anniversary Celebration!

恭賀 SAHM 成立五十週年誌慶

Greeting from Chyi-Feng JAN, President of TSAMH

Taiwan Society for Adolescent Medicine and Health

台灣青少年醫學暨保健學會

Founded in 2004

The Division of Adolescent and Young Adult Medicine at the University of California, San Francisco is thrilled to be attending our 43rd Annual SAHM Meeting.

Happy 50th Birthday SAHM –
our Division's professional academic home.

**The Chesapeake Regional Chapter
congratulates the Society for Adolescent
Health and Medicine for 50 years of lighting
the path for adolescents and young adults**

The Chesapeake Regional Chapter of the Society for Adolescent Health and Medicine serves the Washington, D.C., Maryland, and northern Virginia area. Our members come from a variety of medical and non-medical disciplines including physicians, nurse practitioners, psychologists, social workers, health educators, and other health professionals. We are committed to improving the physical and psychological health and well-being of all adolescents through advocacy, clinical care, health promotion, health service delivery, professional development, and research.

The Division of Adolescent
Medicine at The Children's
Hospital of Philadelphia
congratulates SAHM and all of
its members on 50 years
of working together on behalf
of adolescents, young adults,
and their families.

**"An individual can make a difference
but a team can make a miracle."**

*Douglas Pederson, Head Coach of the
Philadelphia Eagles, (underdog)
Champions of the Super Bowl 2018.*

Invigorating the FUTURE



Manny is extroverted and passionate. He loves to breakdance, sing, and rap.

Dani has a strong belief in the Christian faith, and loves to play tricks on people. She spent part of her childhood in Spain and is bilingual.

These pictures were taken as part of a larger project to celebrate the many forms of diversity represented by young people in Seattle, and as an inoculation against some of the hatred that is rising to the surface in our country. Supporting the creativity and uniqueness of adolescents and young adults in our communities is one way we all can help secure a positive future for all of us.



Amina is Somali-American. She is in college and is currently enjoying a semester abroad in Ghana. In her free time she enjoys reading books, family game nights.

Michael loves the theatre and feels most at home on stage. He also has a passion for American Sign Language and hopes to teach ASL and Drama one day.

Seize the moment to change the future

Deborah Christie, PhD, FSAHM, President Elect, Society for Adolescent Health and Medicine

Can we predict the future? Based on the past, the future might look pretty bleak.

Uncontrollable forces have unleashed the tragedies caused by floods and earthquakes and fires. Too many of our fellow human beings have outraged and shocked us by their promotion of hate and active support of inequality. Those who see themselves as disempowered and voiceless have resorted to extreme violence against defenceless others - sometimes as a statement of hate, or frustration, or for reasons that remain impossible to understand.

We can choose to use the patterns of the past to envision the likelihood of future events and trends. However, we also have the option to prevent the stranglehold of the past on what might be, and move towards the future with strength - to inspire and breathe life into individuals and groups and society with enthusiasm and energy. The more we acknowledge and speak to a vision of hope and change, the more it will rub off on others. We have the power to influence and co-create alternative, plural possible and preferred futures, rather than one monolithic future that is predicted by the past or based on the probabilities of disaster or unacceptable worldviews or myths.

What we see now is likely to continue if we fail to engage and influence those that have the power to make changes. We must believe in a future where things can be novel and different and unexpected and better for all.

Where do you want the world to be in 50 years, when SAHM celebrates its Centenary?

Seize the moment and accept the challenge to unpack and expose the assumptions behind dominant and contending views of the future. The future is ours for the taking.

**Here's to 50 more SAHM dinners
and dancing with those
delivering and advocating for
best health and well-being of adolescents
and young adults around the world**

Professor Deborah Christie, DipClinPsych, FSAHM, Hon.FRCPCH

President SAHM 2018 - 2019

Professor of Paediatric and Adolescent Psychology

Consultant Clinical Psychologist

Clinical lead for Child and Adolescent Psychological Services

University College Hospital London NHS Foundation Trust

American Academy of Pediatrics

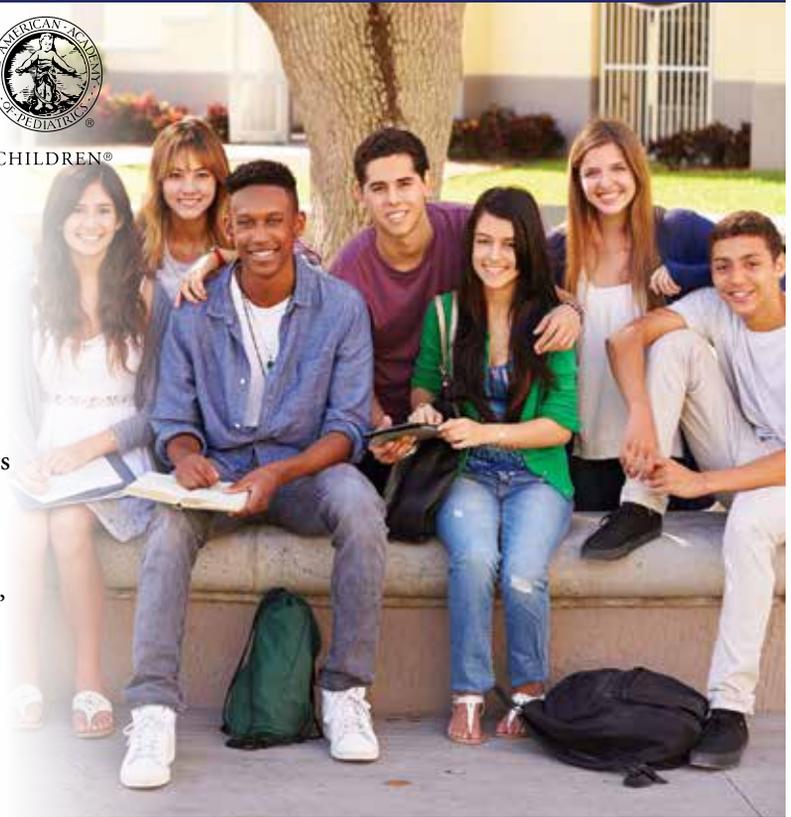


DEDICATED TO THE HEALTH OF ALL CHILDREN®

Congratulations to the
*Society for Adolescent
Health and Medicine*

for 50 years of improving
the health and well-being of
adolescents and young adults!

The American Academy of Pediatrics
is excited about our continued
partnership to support pediatricians
and other health providers in their
work with adolescents, young adults,
and their families through shared
education, research, practice,
and advocacy.



Happy Golden Birthday, SAHM!

Faculty, staff & fellows of the University of Minnesota
Leadership Education in Adolescent Health (LEAH) Program

[www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/
education/interdisciplinary-fellowship-training](http://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/education/interdisciplinary-fellowship-training)

**From simple beginnings,
to the exhilaration of 50 years of
promoting the ESSENCE of adolescents.**

Congrats to all Past and future Presidents.

Richard MacKenzie MD CM, FSAHM

In Memory and Appreciation of Dr. Jerry Rauh

With deep appreciation for Dr. Rauh's critical contributions to the field of adolescent health and medicine, including championing interdisciplinary training and care, being a charter member of SAHM, serving as SAHM president, and co-founding the American Academy of Pediatrics Section on Adolescent Health.

The Cincinnati community is a better place for his fierce and tireless devotion to service and advocacy for adolescents. We are better clinicians for having learned from, worked with, and been inspired by Dr. Rauh.

With gratitude,
Dr. Rauh's Trainees and Colleagues



The University of Rochester's Division of Adolescent Medicine Congratulates The Society for Adolescent Health and Medicine on its 50th Anniversary.

We look forward to the next 50 years of improving the health of all adolescents and young adults in collaboration with SAHM as an organization, with colleagues around the world, and most importantly with adolescents and young adults and their families.

In Loving Memory of Eric Cohen, MD

Eric was our beloved teacher and mentor. As the founding medical director of the High Risk Youth Program, a collaboration between the Division of Adolescent and Young Adult Medicine at Children's Hospital Los Angeles and The Los Angeles Free Clinic (now the Saban Community Clinic), Eric established a multi-disciplinary model of care for vulnerable, disenfranchised young people, primarily runaway and homeless youth, in the Hollywood community. Eric taught us how to take care of young people – how to build rapport and establish relationships, how to ask questions without conveying judgment or blame, and how to prioritize young people's needs and concerns, addressing their primary medical complaint as a way to bring them into a system of care. By developing, implementing, and championing the "HEADSS" exam, Eric fundamentally affected our approach to care and changed the field of adolescent medicine.

Eric was an extraordinary physician and the most dedicated, gifted teacher we have ever known. He was demanding, incisive, compassionate, clever, and fun. Through the High Risk Youth Program and the Introduction to Clinical Medicine course at the Keck School of Medicine at USC which he directed, Eric inspired hundreds of physicians, nurses, psychologists, and social workers and profoundly influenced their careers.

Eric died way too young at the age of 46, from complications of AIDS. He is always remembered and forever in our hearts. We are privileged to have worked with him and learned from him, and so grateful for the time we had together.

Susan Rabinovitz and Curren Warf

Congratulations SAHM on our Golden Anniversary

May the next fifty years show continued growth of our wonderful Society and the compassionate service rendered to our special patient population.

Joe M. Sanders, Jr. MD FSAM

President, 1987-1988

Eastward Ho!

Southern California continues to lead the march to a healthier adolescence and young adulthood!

SAHM Annual Meeting 2017- A Memorable Learning Experience As a Winner of the International Travel Scholarship

Preeti Galagali, MD

2017 Annual Meeting International Attendee Travel Scholarship Award Recipient

It was in December 2016 that I received the good news of winning the inaugural SAHM International Travel Scholarship. I was delighted to revive the curious and keen 'student' in me but felt anxious about travel, stay and worried about the clinical relevance of the knowledge gained from the West in India. The warm welcome that I received at New Orleans put all my doubts to rest. The impressive SAHM Meeting opened new learning vistas- it updated my overall knowledge and helped me to connect with experts in the field. Adolescent medicine as a clinical specialty emerged in India only 15 years ago. I was one of the first few to get trained and had struggled to drive its importance into the medical community and society as a whole. Winning the SAHM award had a ripple effect at home in India- awareness regarding adolescent health spread in pediatric circles, my clinical approach improved and so did of other professionals. I invited learned SAHM members, Dr Paritosh Kaul and Dr Anisha Abraham as expert faculty for conferences at India. Armed with 'new' knowledge, I successfully reached out to health professionals, government officials, NGOs, adolescents, parents, teachers, nurses and other stakeholders. SAHM has given an inspirational boost to adolescent health in India and provided me with lifelong colleagues and collaborators. I am now a member. I hope SAHM will continue with the noble endeavour of the International SAHM Scholarship in the future-it shall definitely leave an indelible mark on the global map of adolescent well-being.





of the Society for Adolescent Health & Medicine's commitment to adolescents, young adults and the professionals who care for them!

JOHNS HOPKINS ADOLESCENT AND YOUNG ADULT HEALTH

We all stand on the shoulders of giants and look forward to the future of adolescent health with SAHM's continued growth as our professional home.

Hoover Adger, MD, MPH, MBA
Rachel Alinsky, MD
Laura Caulfield, PhD
Heather Chapman, LCSW-C
Errol L. Fields, MD, PhD, MPH
Nicholas Ialongo, PhD
Tisha James, LGSW
Alain Joffe, MD, MPH
Hayan Kim, MSW (c)
Arik V. Marcell, MD, MPH
Pamela Matson, PhD, MPH
Kayla Percy, BSN, MSN/MPH(c)
Renata Sanders, MD, MPH, ScM
Phyllis Sharps, PhD, RN
Camille Robinson, MD, MPH
Jocelyn Ronda, MD
Lisa Tabacco, MPH
Kathy Tomaszewski, BSN, RN
Maria Trent, MD, MPH, FSAHM



Optimizing outcomes for the underserved and training the next generation to address adolescent health disparities through innovative interdisciplinary team science, leadership, teaching, and clinical service.



JOHNS HOPKINS
M E D I C I N E

Come Visit us in Baltimore!

Roger Tonkin was the first head of the Division of Adolescent Medicine at British Columbia Children's Hospital, co-founded the International Association of Adolescent Health, initiated the McCreary Youth Centre (now the McCreary Centre Society), spearheaded the development of the REACH Community Health Centre in Vancouver and had been uniquely influential in putting adolescent and youth health on the agenda in Vancouver and British Columbia.

Roger was always willing to swim against the current, and until his death he remained authentic to his true nature, with humour and passion. Roger enjoyed a rich and varied medical career, with a special interest in adolescent medicine and eating disorders.



Roger Tonkin, MD

"My career became identified with advocacy on behalf of the issues of adolescents. However, I must confess that in its early stages, I went out of my way to avoid working with adolescents. I failed to recognize the handwriting on the career wall or the future path that caring for adolescent patients would take me along. The chance to work with adolescents proved to be a gift, but the rewards were not always evident or immediate. I discovered that with patience and persistence, positive outcomes in seemingly hopeless situations did occur.

"Clinicians should learn to enjoy their adolescent patients and savour their energy and resilience. Learn to actively listen to parents and patients as they struggle with the range of developmental challenges of adolescence. Be humble in displaying your expertise and judicious in your use of technology and jargon. Practice the art of history taking and physical examination. Learn to listen to your clinical intuition. Ensure that your communication with families and colleagues are open, understandable and nonjudgmental."

From "Looking back, looking forward: A letter to my younger colleagues" (Paediatric and Child Health, Sept 2010)

Roger died peacefully surrounded by love on December 23, 2015 following a courageous battle with Parkinson disease. He is survived by his wife Carrol; his five children and four stepchildren, and ten grandchildren. His contributions to individual lives, to community and to society will be remembered and influence the health of youth for years to come.

From the Division of Adolescent Health and Medicine, Department of Pediatrics,

British Columbia Children's Hospital and University of British Columbia

Curren Warf MD, MEd, FSAHM, Dzung Vo MD, FSAHM, Eva Moore MD, MSPH,

Peiyong Lam MD, Elizabeth Saewyc PhD, FSAHM, Sandy Whitehouse MD

Annie Smith, Executive Director McCreary Centre Society



in loving memoriam

VAUGHN I. RICKERT

friend. colleague. visionary.

A dynamic leader in adolescent health, your contributions in research, mentorship, and clinical practice will never be forgotten. We are forever grateful for your devotion to the health and well-being of teens and young adults here and throughout the world.



UNITY

United for adolescent vaccination



CONGRATULATIONS

SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE

Acknowledging 50 years of service, advocacy and scholarship
on behalf of adolescents, young adults and their families.

Proud to be part of SAHM's history

Past Emeritus Chairs – HUCM Department of Pediatrics & Child Health



Roland B. Scott, MD, FAAP SAHM Charter Member

Renée R. Jenkins, MD, FAAP
SAHM President 1989-90

Howard University College of Medicine (HUCM)
Department of Pediatrics & Child Health
and
The DC-Baltimore Research Center on Child Health Disparities

Joseph L. Wright, MD, MPH, FAAP
Professor and Chair

**In loving memory of Larry Neinstein – adolescent
medicine physician, researcher, professor, innovator,
advocate, musician, and friend**

What a privilege it was to have worked with Larry Neinstein. There are no words adequate for describing his contributions to the field nor his impact on our lives. He was our beloved friend, teacher and mentor.

Larry was warm, caring, thoughtful, and gentle, always modest and humble. A constant and leading figure at SAHM, he was one of the most influential figures in adolescent medicine, inspiring a generation of physicians and nurturing interest in adolescence among medical students and residents. Larry was the president of SAHM 1999-2000, but is probably best known for his multiple editions of the foundational text in the field, *Neinstein's Adolescent and Young Adult Health Care, A Practical Guide*, issuing the sixth edition in 2016. He was an outstanding clinician, an innovator and collaborator, and a focused and productive researcher – his ground-breaking work helped bring attention to the health needs of emerging young adults ages 18-25.

Larry brought out the best in those who worked with him. He was a leader in the most authentic sense, always supporting the learning and growth of others and demonstrating, through his example, to be a tireless advocate for youth.

Larry was devoted to his family, a talented musician and cantor, active in his temple, observant at home, an avid traveler and an indefatigable organizer.

We owe Larry so much and miss him deeply - his voice, temperament, wisdom, intellect, and integrity. He will remain for us the model of a healer, a builder, an educator, and advocate, devoted to the health and well-being of adolescents and young adults and striving to make the world a more just and better place for us all.

Susan Rabinovitz and Curren Warf

SAHM has been a cornerstone in my professional life for more than 50 years. I chose adolescent medicine in 1963 when I was told a group of physicians in New England were meeting to establish this new field and after reading Rozwell Gallagher's "Medical Care of the Adolescent" (1961) knew this was my calling. My superb fellowship in 1973 with SAHM's charter Executive Board member Dr. Henry Cooper was one of the earliest offered. One favorite memory is being greeted warmly at the door by Edie Moore in 1986 when I attended my first annual meeting as a new member of SAHM. Over the decades what an honor it has been to work personally with 22 of SAHM's distinguished presidents and many exceptional colleagues supporting the mission of advocacy, education, and improving adolescent health.

**Congratulations SAHM
on this 50th anniversary!**

Roberta K Beach, MD, MPH

Strong advocates for adolescents and young adults
Advances the highest level of health care, research and quality improvement
Has amazing leaders in education, career development and mentorship
Members who are passionate about their work

Congratulations to SAHM on its 50th Anniversary!

The Division of Adolescent Medicine
Children's Hospital at Montefiore
Albert Einstein College of Medicine
Bronx, NY

Elizabeth M. Alderman, MD
Interim Division Chief

Susan M. Coupey, MD
Division Chief Emerita

Faculty

Nancy Dodson, MD, MPH
Donna Futterman, MD
Dominic Hollman, MD
Sofya Maslyanskaya, MD
Jessica Rieder, MD, MS
Hina J. Talib, MD
Orquidia Torres, MD, MS

Post-Doctoral Fellows

Kanani Titchen, MD
Nadia Scott, MD
Miriam Langer, MD



To my colleagues at the division of adolescent health & medicine at British Columbia Children's hospital
Dzung Vo, Eva Moore, peiyong Lam & Sabrina Gill

Thank you for your amazing dedication to young people in British Columbia. Together, our team has created an Adolescent Medicine subspecialty residency, a pediatric residency rotation, and the only tertiary care medical consultative service for adolescents in BC; contributed to building the comprehensive eating disorder treatment program; brought the voice of youth to the hospital; and advanced the social pediatrics initiative for the most vulnerable youth in Vancouver.

Thank you for your unwavering enthusiasm and integrity. I am proud to have each of you as my colleague and friend.

Curren Warf

What an honour to celebrate SAHM's 50th Anniversary.

Congratulations to our membership
for a wonderful legacy!

Here's to the next 50 years!

Debbie Katzman, MD



Happy 50th Anniversary, SAHM.

Looking forward to many more.

From: The Cincinnati Children's Division of Adolescent and Transition Medicine

To my dear SAHM colleagues:

Thank you for being an inspiration
to me for over 42 years!

With fond memories,
Marianne Felice, MD

SAHM Memories

John Kulig

As I look back, I wish to share two experiences from one of my first SAM meetings, now more than 25 years ago. As a newly minted faculty member, just out of fellowship training, I was charged with developing a comprehensive adolescent medicine program at my institution. Presentations by two of SAM's founding members drew my attention as I was eager to develop my own teaching materials in a discipline that was new to our Department of Pediatrics at Tufts-New England Medical Center. Adele Hofmann, a recent SAM President, had presented a fascinating history of the evolution of the legal rights of adolescents over the ages, and Dick MacKenzie, Executive Secretary-Treasurer at the time, had conducted a workshop on adolescent sexuality from a developmental perspective. During the course of the meeting I hesitantly approached each of these senior SAM members with a request for references in order to develop similar presentations of my own. Adele Hofmann graciously referred me to a wonderful resource—the three-volume reference work entitled *Children and Youth in America*—that sits on the top shelf of my office bookcase to this day. Dick MacKenzie gave me permission to use his materials, but did not provide a specific reference because the development stages were his own creation. I've come to view Dick MacKenzie as the Dick Clark of our Society, just as youthful, enthusiastic, caring and committed to adolescent health as he was three decades ago—a role model for each of SAM's past presidents.

Earlier in our meeting we paid tribute to Felix Heald, SAM's second president, who died in August 2004. In listening to the scientific abstracts being presented at SAM over the past few years, I've come to miss the signature announcement of often the very first questioner to reach the microphone: "Heald - Baltimore." As I look back, I also value the unique opportunity I had to spend a three-month elective in adolescent medicine as a fourth-year medical student in Cincinnati, under the mentorship of Jerry Rauh, SAM's fifth president. I then returned to Cincinnati for fellowship training after completing my pediatric residency in Boston. Rich Brookman, SAM's 24th president, was a fellow in adolescent medicine when I was a medical student and a new faculty member during my fellowship in Cincinnati. My own experience highlights the need to address workforce concerns about the future of our discipline, not solely by addressing fellowship training in adolescent health, or even by addressing postgraduate or residency training programs, but rather by reaching further back to develop interest in adolescence at the student level, across all disciplines.

Excerpt from the Presidential Address given at the Society for Adolescent Health and Medicine's annual meeting in Los Angeles on April 2, 2005.

Published in *Journal of Adolescent Health* March 2006 Volume 38, Issue 3, Pages 169-172.

With gratitude to richard Mackenzie for your leadership and inspiration

Richard – thank you for bringing us into the Division of Adolescent Medicine at Children’s Hospital Los Angeles (Susan in 1983 and Curren in 1991).

You gave us our grounding in adolescent medicine, teaching us to truly see and understand the resilience of youth: *“what we see as problems are young people’s solutions to the issues in their lives.”*

You taught us to look at young people in their entirety, deepening our understanding of development and giving substance to what it means to use a biopsychosocial model.

You showed us how to create a system of care for vulnerable young people, understanding that we needed to move beyond the single, patient/provider relationship and the walls of the hospital if we were going to change access and opportunities for youth in our community, reduce their risks, and improve their health.

You established an inter-disciplinary team and a collaborative environment where we learned from our colleagues, developed our own skills and capacity, and worked together to effectively address the needs of the young people we served.

Richard - you built the Division at Children’s Hospital Los Angeles and were instrumental in the development of SAHM. We are lucky to have shared part of that journey with you. Thank you for everything you have given us – for your leadership, guidance, inspiration, and support.

Susan Rabinovitz and Curren Warf

The Division of Adolescent and Young Adult Medicine At Children’s National Health Systems

Salutes SAHM on its 50th Anniversary
and Celebrates our TWO Outstanding
Lifetime Achievement Award Winners:

Lawrence J . D’Angelo, MD,MPH - 2018

Tomas J . Silber, MD,MAAS - 2006

**“We were there at the beginning;
let there never be an end”**



*Congratulations to SAHM on its
first 50 years!
Looking forward to the next 50!*

*From the University of Rochester
Adolescent Medicine Fellowship Program
Training Adolescent Medicine fellows for 50 years*



Congratulations to SAHM for 50 years of exceptional leadership, advocacy, scientific inquiry, and professional collaboration! Adolescents around the world are safer and healthier because of SAHM. Charlene Wong, Richard Chung, and the whole Duke Adolescent Medicine team are proud and grateful!



Happy Anniversary SAHM!

You have provided a professional home for adolescent medicine/health professionals and trainees for 50 years. Here's to the next 50!

Al Hergenroeder and the Adolescent Medicine Team
Texas Children's Hospital, Baylor College of Medicine

"One of the Great Mothers of Adolescent Medicine!"

"Paved the way for women in adolescent medicine."

"Provided me with invaluable professional contacts as a fellow and new attending."

"Always there to listen and advise."

"What a role model we have in Dr. Coupey."

"Not only does Dr. Coupey guide and mentor you in your professional development, she's always ready to offer support and help on a personal level."

"Exemplifies humanism in medicine."

"Susan, the mentor we love... the good and the bad."

"Mentor, leader, superb clinician...those words describe Dr. Susan Coupey!"

"In all our future endeavors we think to ourselves, 'What would Susan Coupey Do?'"

"Model mentor."

"Her warm, generous, and fiercely protective leadership and mentorship style is something I will always cherish having benefited from and will strive to emulate."

"Susan is a true leader in the field of adolescent medicine and a forever mentor to all of us."

"So many happy memories of working with Susan. Always a strong advocate for her patients, fellows, and division."

"Dr. Coupey, who edits with surgical skill."

"The epitome of a role model as a woman, leader, physician, teacher and mentor."



Susan M. Coupey, MD

"Telling people she mentored me gives me instant clout. It's like having a legendary master Jedi in Star Wars."

"She's a rock star in the world of Adolescent Medicine."

"The sage on the stage who became my guide on the side."

"Under her mentorship I solidified my calling to work with adolescent patients, rejoice in their strengths and nourish their development."

"One of the godmothers of Adolescent Medicine."

"She embodies true mentorship."

"Dr. Coupey demonstrates outstanding dedication as a clinician, a teacher, a leader, and a mentor."

"An Adolescent Medicine #GOAT (greatest of all time)"

"Once Susan takes you under her wings, she is there to guide, nurture and challenge you to excel for the rest of your career."

Your mentees

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