

Maximizing Adolescent and Young Adult Health through Structure and Agency

SAHM 2024
ANNUAL MEETING



Wednesday, March 13 - Saturday, March 16, 2024 · Sheraton San Diego Hotel & Marina · San Diego, CA USA · #SAHM24

Maximizing Adolescent and Young Adult Health through Structure and Agency

March 13-16, 2024

Sheraton San Diego Hotel and Marina

San Diego, CA

SIG Submission Instructions

[Submit a SIG](#)

Our theme for the 2024 Annual Meeting is **Maximizing Adolescent and Young Adult Health through Structure and Agency**

Powerful unjust social structures limit equitable access to positive life outcomes for many adolescents and young adults (AYA). “Structure” posits that existing societal processes and arrangements **determine the opportunities** available for individuals and groups. “Agency” asserts that individuals and groups **can act** to influence the future amidst actual or perceived constraints. We invite you to participate in a collective conversation about how we can maximize adolescent and young adult health through structure and agency. During the 2024 Annual Meeting of SAHM, diverse AYA-serving health professionals from throughout the world, will collaborate interprofessionally to share, discuss, and critique thoughts about existing structures in our current systems (i.e., clinical, educational, research, public health, advocacy, and social) that **impede** AYA health and well-being; structures that could be used **to maximize** AYA health; and how to **most effectively promote individual and collective agency** to ensure that all young people have full and equitable access to safe, healthy, productive, and meaningful lives.

Before you begin the submission process, carefully read the following:

- SIG sessions are one hour long and do not offer CME/CE.
- SIG presenters agree to present **in person** at the time and date assigned by the Program Committee.
- SIGs interested in presenting an educational session that offers CME/CE in addition to their one-hour non-CME/CE SIG meeting are encouraged to submit an additional proposal for a 1.5 hour (90 minutes) workshop session or a three hour institute session with a 30 minute break (3.5 hours).

Acceptance of a SIG workshop or institute is not guaranteed and is at the sole discretion of the committee.

- Only currently established SIGs are eligible to submit a proposal for the annual meeting. For a complete listing of existing SIGs, visit the [SAHM SIG webpage](#) for a listing of established SIGs as well as information on how to form a new SIG.
- All presenting organizers are required to register to attend the meeting at the standard rates based on training and membership status. No registration discounts or waivers will be given.
- Proofreading is the responsibility of the submitting organizer. Review and proofread your submissions carefully. Submissions and authors will be listed exactly as the proposal is submitted on the SAHM meeting website and in the mobile app.

The Program Committee strives to include as many SIGs as possible given the space constraints of the meeting locale. To ensure meeting space for your SIG at the annual meeting you must submit a proposal by the submission deadline.

To complete your SIG submission please provide the following:

- **Title**
- **Description of Presentation**
- **Special needs for your session?** (The room will be set theatre style with a laptop, projector, and screen– rooms do not have Zoom capability). Theater-style seating is an arrangement of chairs in rows that all face the same direction in the venue space. There are no tables, desks, or additional furniture used in theater-style seating.
- **Primary Contact**
- **Co-Presenter/s**
- **Acknowledgement of registration and presentation time/day**
- **Acknowledgement of lack of virtual/Zoom capability in sessions rooms.**

Questions? Contact SAHM staff at info@adolescenthealth.org