

**Society for Adolescent Health and Medicine (SAHM)
2025 Annual Meeting
March 4 – March 7**

CME/CE Evaluations and Certificates

Within one week after the conference, participants who purchased CM/CE will receive an email with a link and instructions to complete your online evaluations and print your certificate. **You will be asked to complete your evaluations by April 9, 2025.** The attendance log below has been provided to help keep track of the sessions you attend live. Credit will only be awarded for session(s) you have attended in full; no partial credit will be awarded. After you have completed the session evaluations, you will immediately be able to print your CME/CE Certificate.

More information on continuing education, including accreditation provided and individual session descriptions, is available in the [Learner Notification](#).

For continuing education questions, contact SAHM Member Services at info@adolescenthealth.org.

COMPLETE AND RETAIN THIS LOG FOR YOUR RECORDS

Session Time	Session Type	Session Title	Credit Hours	Attended
Tuesday, March 4, 2025				
9:00 am - 10:15 am	Plenary I	Plenary I / 2025 Gallagher Lecture	1.25	
10:30 am - 11:30 am	Hot Topic I	Hot Topics I	1.00	
1:00 pm – 4:30 pm	Institute	Gender Affirming Medication Management: Foundations and Applications	3.00	
1:00 pm - 2:30 pm	Workshop	Hear us. See us: Stories of Health and Wellbeing by Indigenous Adolescents and Young Adults	1.50	
1:00 pm - 2:30 pm	Workshop	Disordered Eating for Youth Receiving Weight Management Care: Tools for Early Recognition	1.50	
1:00 pm - 2:30 pm	Poster Symposia I	Poster Symposia I - Sexual health (STIs, HIV, contraception)	1.50	
1:00 pm - 2:30 pm	Workshop	Amplifying Your Message through Social Media and Podcasting	1.50	

3:00 pm – 4:30 pm	Platform Research I	Research Platform I: New Investigators	1.50	
3:00 pm – 4:30 pm	Workshop	Responding to the dual challenge of child labor and child labor trafficking: a global phenomenon with devastating health consequences	1.50	
3:00 pm – 4:30 pm	Workshop	Demystifying Long COVID: Diagnosis and Management in AYA	1.50	
3:00 pm – 4:30 pm	Workshop	Beyond the Spectrum: Integrating LGBTQ+ Health Topics in Medical Education Programs	1.50	
3:00 pm – 4:30 pm	Workshop	Developing and Integrating Digital Health Technology into Primary Care to Improve Adolescent Health	1.50	
3:00 pm – 4:30 pm	Workshop	Developing a Transition of Care Plan for Adolescents on the Autism Spectrum (MOC II Eligible)	1.50	
Wednesday, March 5, 2025				
8:30 am – 11:45 am	Institute	NASPAG sponsored Institute on Pediatric and Adolescent Gynecology: Essentials in Pediatrics/Adolescent Gynecology for Fellows/Trainees and advanced Clinical Providers	3	
8:30 am – 10:00 am	Workshop	Remote Care for Adolescent Eating Disorders: Practical Strategies for Overcoming Obstacles and Maximizing Opportunities	1.5	
8:30 am – 10:00 am	Workshop	Navigating the Complexity of Opioid Withdrawal Management in Hospitalized Adolescents and Young Adults	1.5	
8:30 am – 10:00 am	Workshop	A Seat at the Table: Building Capacity for Youth Participation in Research	1.5	
8:30 am – 10:00 am	Workshop	Advancing Adolescent-Inclusive Sexual and Reproductive Health Research: Overcoming Challenges and Leveraging Opportunities Using Adolescent-Inclusive Sexual and Reproductive Health Research: Overcoming Challenges and Leveraging Opportunities	1.5	
8:30 am – 10:00 am	Workshop	The Dignity of Risk and the Right to Regret	1.5	
10:15 am – 11:45 am	Poster Symposia II	Poster Symposia II - Environmental influences on adolescent health	1.5	
10:15 am – 11:45 am	Workshop	Dialectical Behavioral Therapy Micro Skills for Primary Care Providers and Settings	1.5	

10:15 am – 11:45 am	Workshop	A Community Reinforcement and Family Training (CRAFT) Workshop for Practitioner.	1.5	
10:15 am – 11:45 am	Workshop	Unity's 3Cs Approach to Improve Adolescent Immunization Coverage: Confident, Concise, and Consistent Healthcare Provider Vaccine Recommendations	1.5	
11:45 am – 1:15 pm	Poster Session I	Research Poster Session I (<i>ACCME & ANCC only</i>)	1.5	
2:45 pm – 3:45 pm	Hot Topics II	Hot Topics II: Emerging Use of Technology in Adolescent Health	1	
Thursday, March 6, 2025				
8:40 am – 9:55 am	Plenary II	Plenary II: Youth Resiliency and Strength Building	1.25	
10:00 am – 11:00 am	Hot Topics III	Hot Topics III: Advances in Sexual/Reproductive Health Care for Adolescents	1	
12:00 pm – 1:30 pm	Poster Session II	Research Poster Session II (<i>ACCME & ANCC only</i>)	1.5	
1:30 am – 3:00 pm	Platform Research	Platform Research II : Addressing Adolescent Health: Exploring Effective Strategies and Interventions	1.5	
1:30 pm – 3:00 pm	Workshop	Pain Management for IUD Placement: Examine Evidence, Honor Autonomy, Reset Practices	1.5	
1:30 pm – 5:00 pm	Institute	Consent and Confidentiality in the Care of Adolescents and Young Adults (<i>MOC II Eligible</i>)	3	
1:30 pm – 3:00 pm	Workshop	Speaking to Teens About Media Use Without Fears, Tears or Judgment	1.5	
1:30 pm – 3:00 pm	Workshop	Providing Effective Interventions for Children and Adolescents awaiting Treatment for Eating Disorders	1.5	
1:30 pm – 3:00 pm	Workshop	Empowering Families to Nurture Emotional Resilience in Adolescents through Emotion-Focused Family Therapy	1.5	
1:30 pm – 3:00 pm	Workshop	YouthCHAT & TALK: Innovative Strategies for Improving Communication between Healthcare Professionals, Adolescents & caregivers	1.5	

3:30 PM – 5:00 pm	Workshop	Implementing strength-based care for adolescents across clinical & community settings: strategies for using the AAP's "Reaching Teens" resource to promote trauma-sensitive, resilience-building communication	1.5	
3:30 PM – 5:00 pm	Workshop	Practical Tools to Support Person-Centered Contraceptive Counseling for Adolescents	1.5	
3:30 PM – 5:00 pm	Workshop	How Can You Help Stop the Violence: A Workshop In Addressing Firearm Violence, Adolescent Dating Violence, and Racial Violence	1.5	
3:30 PM – 5:00 pm	Workshop	Beyond Backlash: Proactive Anti-racist Practices for Education and Healthcare	1.5	
3:30 PM – 5:00 pm	Workshop	Take Action for Adolescents - Building HHS' National Adolescent Health Research Agenda	1.5	
3:30 PM – 5:00 pm	Workshop	Contraception for Patients in Varied Body Sizes—Through the Lens of Weight Stigma and Patient-Centered Care (MOC II Eligible)	1.5	
Friday, March 7, 2025				
8:00 am – 9:30 am	Platform Research III	Platform Research Presentations III: Statistical and Quantitative Approaches to Adolescent Health	1.5	
8:00 am – 9:30 am	Workshop	Adolescents and Young Adults with Severe and Enduring Eating Disorders: Roads Other Than Recovery?	1.5	
8:00 am – 9:30 am	Workshop	What is your skincare routine? What tweens and teens are using on their face and body in the age of social media and how to counsel them. (MOC II Eligible)	1.5	
8:00 am – 9:30 am	Workshop	Empowering Adolescent Healthcare, Prevention, Research, and Advocacy through Youth Advisory Boards (YABs)	1.5	
8:00 am – 9:30 am	Workshop	Youth awareness, engagement, and concerns about contraception post-Dobbs: Insights from MyVoice	1.5	
8:00 am – 9:30 am	Workshop	“You can’t just bottle us up!”: Using Inside Out 2 to Teach DBT & CBT Skills for Emotional Regulation	1.5	
10:00 am – 11:15 am	Plenary III: Youth Advocacy in Action	Plenary III: Youth Advocacy in Action	1.25	
			Total Hours:	

The sum of your LIVE attendance credit hours should not exceed the maximum 20.25 CME/CE