



Hot Topics

Proposal Submission Instructions

Submission Deadline: October 27, 2026

[Submit a Proposal](#)

The Society for Adolescent Health and Medicine (SAHM) seeks highly innovative, practical, and clinically relevant Hot Topic presentations for its upcoming 2027 Annual Meeting. Our goal is to offer diverse, high-priority content tailored to Adolescent Health and Medicine professionals across disciplines.

The SAHM 2027 Annual Meeting theme is “Bloom Where You are Planted: Adolescents and Young Adults Thriving in a Changing World”. The SAHM 2027 Annual Meeting will bring together individuals from a variety of backgrounds to celebrate our strengths, build resiliency, and support each other to keep us and the youth we serve persevering into the future. Whether it is our nationality, race, ethnicity, gender, sexuality, body shape, abilities, neurodiversity, professional discipline and beyond, our differences enrich our world and our work.

Authors are encouraged to consider how their proposal aligns with this year’s theme. However, submissions do not have to tie into the theme and will not receive credit or extra points based on connection to the theme.

Important Dates for Hot Topics

- Now Accepting Submissions: Hot Topics Mid-August 2026
- Submission Deadline: Hot Topics October 27, 2026
- SAHM 2027 Annual Meeting Registration Opens Fall 2026
- Notification of Decisions: Hot Topics Early 2027
- SAHM 2027 Annual Meeting in Chicago, IL March 2-5, 2027

SAHM 2027 Annual Meeting
Hot Topics Presentations
Proposal Submission Instructions

General Information

Format of Sessions: Hot Topic presentations are oral and are a total of approximately 20 minutes in length including 15 minutes of presentation and 5 minutes for questions and answers presented by one author of the proposal. Hot Topic presentations are organized into separate sessions over the course of the Annual Meeting. Presentations are in-person only.

Program Selection: In selecting Hot Topics presentations, the Program Committee strives to present a balanced program that meets the needs of our culturally diverse, multidisciplinary meeting attendees from throughout the world. Acceptance of Hot Topics is at the sole discretion of the committee.

Key Scoring criteria include:

- **“Hotness” & Innovation** – Presentation includes new or recent developments or particularly relevant since the last SAHM Annual Meeting and will be presented with a unique or different spin.
- Presentation represents a broad overview of a hot topic and does not reflect the findings or methodology of any specific research project or data analysis.
- Content of presentation is significant/relevant to Adolescent and Young Adult Health and Medicine
- Clarity of proposed content & learning objectives
- Supports SAHM’s goal to be inclusive of diverse populations and nationalities

View Scoring Rubric

Updating Accepted Presentations: Given that the relevance of presentation topics may evolve between the time of submission and the actual presentation, the Program Committee acknowledges the presenter’s subject-matter expertise and is committed to collaborating with them to ensure the content remains current and accurate. Accepted presenters will be requested to share a preview of their slides to ensure that it aligns with the presentation format.

Presenter Requirements: Though multiple authors may be listed on the submission, only ONE author may present. The presenting author must be available to present at the time and date assigned by the Program Committee between March 2-5, 2027. If your submission is accepted for presentation, the presenting author is required to register to attend the in-person meeting at the standard rates based on training and membership status. **Note:** All presenters must be 18 years or older.

Session Duration: New in 2027, Hot Topic Sessions will increase from 60 minutes to 75 minutes in duration and will be offered concurrently alongside workshops, institutions, and scientific research presentations, potentially allowing for more Hot Topic presentations at the Annual Meeting.

SAHM 2027 Annual Meeting
Hot Topics Presentations
Proposal Submission Instructions

Proofreading and Publication: Proofreading, including spelling and punctuation, is the responsibility of the submitting author. Please review the proposal carefully before submission as your writing is a reflection of you, your organization, and SAHM, if accepted. Sections of accepted proposals will be published on the SAHM Annual Meeting website and the meeting conference app.

Proposal Requirements

To complete your Hot Topic submission, please provide the following through the online submission:

- **Hot Topic Title (Up to 250 characters, excluding spaces)**
- **Educational Objectives (250 characters or less, excluding spaces, per objective)**
All Hot Topic proposals require a minimum of three educational learning objectives, which should be measurable descriptions of what attendees should be able to do upon completion of the proposed presentation. Objectives are used to structure the content of an educational activity, and may include tasks such as “list”, “compare”, or “explain”. Do not use words: understand, appreciate, learn, know, or familiarize. Please note that learning objectives are not an overview or outline of the presentation. Objectives of accepted proposals will be listed on the SAHM Annual Meeting website and conference app.

Example of objectives:

- Analyze the current epidemiology of the global HIV/AIDS epidemic.
- Identify and verbalize effective HIV prevention strategies.
- State an alternative intervention framework for approaching prevention of HIV among adolescents and young adults.

For additional guidance on creating objectives, please visit:

- Writing Learning Objectives: [Writing Learning Objectives \(aamc.org\)](https://www.aamc.org/learning-objectives)

- **Description of Hot Topic Content (250 words or less):** Using three (3) clear bullet points that tie into the learning objectives and provide a good overview of the presentation, please include a compelling description of the significance of the presentation topic to the field of adolescent health and medicine, and the relevance of the presentation to our diverse, multidisciplinary, and international meeting attendees.
- **Explanation of why this will be a Hot Topic in 2027 (250 words or less):** Building from the description above, explain why the topic presented will be considered “hot” and meaningful to adolescent health and wellness in 2027 as opposed to other years.

SAHM 2027 Annual Meeting
Hot Topics Presentations
Proposal Submission Instructions

- **Name & Contact information for the Presenter:** The presenter will be listed on the SAHM Annual Meeting website and conference app. Information required: Full name, credentials, institution (including department and division, if applicable) and email address. Only one speaker is permitted to present per proposal. If the presentation has additional contributors, they can be added in this section within the submission form and will be included on all public facing information regarding the presentation as a contributor.
- Acknowledgement that only one author may present is required If presentation has multiple authors.
- **Presenter Expertise** (200 words or less): Please highlight content and educational expertise of the presenter that contributes to the presentation of this topic.
- **Presenter Curriculum Vitae (CV):** The CV for the presenting author is required upon submission. Please upload the CV with the following naming convention: presenter's last name, first name in the document name, **for example:** Smith, John. **Documents must be uploaded as a PDF.** Word documents are not accepted.
- **Virtual Learning Adaptability Throughout the Year:** If your proposal is accepted to the SAHM 2027 Annual Meeting program, will your proposal be adaptable for virtual learning opportunities either synchronously or asynchronously via an online platform (such as Zoom Meeting) before or after the in-person meeting throughout the year? (Please note: Responses to this question are for informational purposes for planning and will not impact the Program Committees decision to accept your proposal).
- **Faculty Disclosures:** ALL Hot Topic presenters are considered faculty for the annual meeting and **MUST** disclose whether or not they have any financial relationship with commercial interests, including but not limited to, participation on speaker bureaus or advisory boards, receipt of grant support, etc. Should the proposal be accepted, a link to a disclosure survey will be provided and it **must be completed by the deadline noted in the acceptance communication.**

SAHM 2027 Annual Meeting
Hot Topics Presentations
Proposal Submission Instructions

How to Submit a Proposal

Proposals will only be accepted through the CATALYST website. To submit a proposal for consideration for the SAHM 2027 Annual Meeting in Chicago please do the following:

1. Go to the [SAHM 2027 Annual Meeting CATALYST website](#).
2. Sign in to your existing CATALYST account or create a new one. Please note that if you have ever submitted a proposal using CATALYST, you can use that account.
3. Select the Submission Type you would like to submit.
4. Follow the onscreen instructions to submit your proposal.

Please only start a proposal if you plan on completing it. If you encounter any issues with the proposal management system, please reach out to CATALYST support through the website. Submitting authors can revise submitted proposals until the submission deadline on **October 27, 2026 at 11:59 p.m. CT (Chicago)**.

Correspondence: All emails regarding your submission will be sent to the lead presenter/author listed on the proposal. If you are using a professional email, not personal such as Gmail or Yahoo, PLEASE be certain to whitelist, 'omnipress.com', 'CATALYST@omnipress.com', and, 'noreply@omnipress.com' to ensure emails are received. **It is the responsibility of the lead author to share all communications from SAHM regarding your abstract with the author group.**

Important Information: If you re-enter the site and make changes after you have finalized your submission and submitted it, please make sure you **resubmit** your submission. **Once the submission site closes on October 27, 2026 at 11:59pm CT, edits will not be possible.**

Submit a Proposal

Thank you for considering a submission and we hope to see you in Chicago! For questions, contact SAHM staff at info@adolescenthealth.org.